



Sexual Purity Course Lesson 7

God has designed the Christian life so that there are things which we can do which will normally bring His enablement and power into our life. Through these disciplines God gives us the grace / strength to overcome sin and become more like Christ. One of these disciplines is the reading of Scripture. That discipline is the topic of this study.

Scripture: Read Psalm 119:9; John 17:7; and 2 Timothy 3:16-17.

Study:

1. Explain the meaning of the following images of the word of God: Psalm 119:105; Job 23:12; Deuteronomy 8:3; and Psalm 19:7-11; 119:72. What is the word of God like?
2. Explain how Bible reading can be used by God to give you grace to live the Christian life. What difference does it actually make?

Application:

1. Read the Word of God regularly. After you finish this study on sexual purity make sure to begin a directed bible reading program. Some excellent resources can be found here: <http://www.esv.org/biblereadingplans>.
2. Meditate on the word of God (Ps 119:15, 48, 148). Meditation on God's word just means to reflect on God's word. It is not mystical or weird. It just requires us to think and rethink about the things which we have read. It is the opposite of letting it go in one ear and out the other.
3. Memorize the word of God (Ps 119:11; Col 3:16). This is a powerful discipline which will prove to be very practical in times of temptation.
4. Apply the word of God (James 1:22-25). This point is crucial. This is what believing in biblical authority means in real life. We must read Scripture with the purpose of aligning our words, thoughts, and actions with Scripture.